

Coaches

Maiysha Clairborne, MD

(part of group of coaches: [The Happy MD](#))

About/Areas of Primary Focus:

Dr. Clairborne's personal experience and recovery with burnout inspired her to become a coach. Her integrative approach to the mind-body makes her a very effective stress and burnout coach.

Pricing (before 15% WCMS member discount)

Discovery Session- Free

4 Session Package- \$1,600

12 Session Package- \$4,000

Website

www.thehappy.md.com/physician-burnout-coach-team#maiysha



Rebecca Sotile Fallon, MS CWC

(part of group of coaches: [The Sotile Center for Resilience](#))

About/Areas of Primary Focus:

Expertise includes wellness coaching & resilience training with high-powered professionals and their families. She incorporates a strengths-based and solution-focused approach.

Pricing (before 15% WCMS member discount)

Full-day Intensive- \$3,000

F/u Phone Appointment- \$250/hr

Website

www.sotile.com/our-team/rebecca-sotile-fallon-m-s



Coaches

Mark Jaben, MD

(part of group of coaches: [The Happy MD](#))

About/Areas of Primary Focus:

Mark's work in emergency medicine in different hospital systems has let him experience first hand the stress in the healthcare world. His goal is to help providers who feel deeply mired in the current environment to find a path and a next step forward.

Pricing (before 15% WCMS member discount)

Discovery Session- Free

4 Session Package- \$1,600

12 Session Package- \$4,000

Website

www.thehappymd.com/physician-burnout-coach-team#mark



Julia Sotile Orlando, MSW LCSW

(part of group of coaches: [The Sotile Center for Resilience](#))

About/Areas of Primary Focus:

Julia's clinical work focuses on helping medical professionals and their families manage the stress that often comes with a life in medicine. She has extensive experience working with clients who struggle with anxiety, depression and other symptoms associated with burnout and compassion fatigue. She is an experienced couples' counselor in addition to her work with individuals.

Pricing (before 15% WCMS member discount)

Full-day Intensive- \$3,000

F/u Phone Appointment- \$250/hr

Website

www.sotile.com/our-team/julia-e-sotile-lcsw



Coaches

Pam Pappas, MD

(part of group of coaches: [The Happy MD](#))

About/Areas of Primary Focus:

Pam is an integrative psychiatrist and coach whose burnout experiences have made her a solid trail guide for colleagues seeking their way through similar challenges. She specializes in helping them reconnect with their own authentic wisdom, create practical strategies, and transform their work and lives

Pricing (before 15% WCMS member discount)

Discovery Session- Free

4 Session Package- \$1,600

12 Session Package- \$4,000

Website

www.thehappy.md.com/physician-burnout-coach-team#pam



Harjot Singh, MD

(part of group of coaches: [The Happy MD](#))

About/Areas of Primary Focus:

Harjot is a Psychiatrist and Certified Executive Coach. "Coaching is about action, and the first action you need to do is pick one of us & start moving. We'll sure have fun."

Pricing (before 15% WCMS member discount)

Discovery Session- Free

4 Session Package- \$1,600

12 Session Package- \$4,000

Website

www.thehappy.md.com/physician-burnout-coach-team#harjot



Coaches

Wayne Sotile, PhD

(Founder of group of coaches: Center for Physician Resilience & [The Sotile Center for Resilience](#))

About/Areas of Primary Focus:

His solution-focused life coaching process emphasizes practical applications of evidence-based findings from the combined fields of resilience, positive psychology, marriage/family systems, and adult developmental psychology.

Pricing *(before 15% WCMS member discount)*

Full-day Intensive- \$5,000

F/u Phone Appointment- \$250/hr

Website

www.sotile.com/our-team/wayne-m-sotile-phd

